



कार्यालय प्राचार्य
बी.सी.एस. शासकीय स्नातकोत्तर महाविद्यालय, धमतरी (छ.ग.)
Website – www.bcspgcdmt.com
E-mail – pgcollege.dhamtari@gmail.com



पदोन्नति कक्षा, 2023

NAAC GRADE-‘B+’

AISHE CODE- C-21763

दूरभाष – 07722-238933
फैक्स – 07722-237933

दिनांक 08.04.2025

:: सूचना ::

अंग्रेजी परिषद के तत्वाधान में विभागीय गतिविधि का आयोजन किया जा रहा है, जिसमें आप सभी विद्यार्थी अनिवार्य रूप से उपस्थित हों एवं प्रतियोगिता में भाग लेने वाले विद्यार्थी विभाग के प्राध्यापकों से संपर्क करें।

क्र.	प्रतियोगिता का नाम	समय/दिनांक	स्थान
01	Fire Less Cooking	09/04/2025 11:00 बजे से 1:00 बजे तक	कक्ष क्रमांक –15

(पी.सी.चौधरी)

विभागाध्यक्ष, अंग्रेजी

बी.सी.एस.शासकीय स्नातकोत्तर महाविद्यालय, धमतरी
जिला-धमतरी (छ.ग)

(डॉ.विनोद कुमार पाठक)

प्र.प्राचार्य

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OFFICE OF THE PRINCIPAL
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भारत 2023 INDIA
समृद्धि कुटुम्बकम्
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Phone- 07722-238933

Fax - 07722-237933

अंग्रेजी विभाग
उपरिथिति पत्रक

प्रतियोगिता का नाम :- Fireless Cooking

दिनांक 09.10.2025

क्र	छात्र/छात्राओं नाम	कक्षा	हस्ताक्षर
1	Lateeta	T.P.A. II nd	<u>Lateeta</u>
2	कुलेश्वरी	T.P.A. II nd	<u>कुलेश्वरी</u>
3	Ayushi Panna	T.P.A. II nd	<u>Ayushi</u>
4	Unvashi saher	T.P.A. II nd	<u>Unvashi</u>
5	Swarnprani	T.P.A. II nd	<u>Swarn</u>
6	दामिनी	T.P.A. II nd	<u>Damini</u>
7	Ashani	T.P.A. II nd	<u>Ashani</u>
8	Isha	T.P.A. IV th	<u>Isha</u>
9	आदिति	T.P.A. IV th	<u>आदिति</u>
10	सूरज	T.P.A. IV th	<u>Suraj</u>
11	Vishwas	T.P.A. IV th	<u>Vishwas</u>
12	रोहन	T.P.A. IV th	<u>Rohan</u>
13	Bhupendra	T.P.A. IV th	<u>Bhup</u>
14	Bhumiika	T.P.A. IV th	<u>Bhumiika</u>
15	M. Snakhi	T.P.A. II nd	<u>M. Snakhi</u>
16	हरिता	T.P.A. II nd	<u>Harshita</u>
17	भूमिका-विन्हा	T.P.A. II nd	<u>Bhumiika</u>
18	Manjhar	T.P.A. IV th	<u>Manjhar</u>
19	Shobha	T.P.A. IV th	<u>Shobha</u>
20	हिमांगना	T.P.A. II nd	<u>Himangana</u>
21	Avanti Kan	T.P.A. IV th	<u>Avanti</u>
22	मुस्कान जोशी	T.P.A. IV th	<u>Muskana</u>

बी.सी.एस.शासकीय स्नातकोत्तर महाविद्यालय, धमतरी (छ.ग.)

आयोजक :- अंग्रेजी विभाग

FIRELESS COOKING

निर्णय पत्र

दिनांक..... 9/4/25

S.N.	NAME OF PARTICIPANTS	CLASS	CLEANLINESS 10	TASTE 10	PRESENTATION 10	OVERALL EFFECT 10	TOTAL (40)
1.	Mangar & Group	MA IV	7	5	8	5	25
2.	Laleeta & Group	MA II	5	5	6	5	21
3.	Ashani & Group	M.A. II	5	6	4	7	22
4.	Aditi & Group	M.A. IV	8	8	5	9	30
5.	Bhupendra & Group	M.A. IV	7	7	7	7	28
6.	Vishwas & Group	M.A. IV	6	6	6	6	24
7.	Minakshi & Group	M.A. II	8	7	6	6	27

Dr. Sarda Srinvedi

बी.सी.एस.शासकीय स्नातकोत्तर महाविद्यालय, धमतरी (छ.ग.)

आयोजक :- अंग्रेजी विभाग

FIRELESS COOKING

निर्णय पत्र

दिनांक 9/4/25

S.N.	NAME OF PARTICIPANTS	CLASS	CLEANLINESS (10)	TASTE (10)	PRESENTATION (10)	OVERALL EFFECT (10)	TOTAL (40)	
1.	Mangar & group	M.A. IV	5	5	6	7	23	
2.	Laleeta & Group	M.A. II	5	6	5	6	22	
3.	Ashani & group	M.A. II	5	5	5	5	20	
4.	Aditi & group	M.A. IV	9	6	6	7	28	I
5.	Bhupendra & group	M.A. IV	8	7	6	6	27	II
6.	Vishwas & group	M.A. IV	5	5	5	5	20	
7.	Prakash & group	M.A. II	5	6	7	7	25	III

Ambika Saket.



बी.सी.एस.शासकीय स्नातकोत्तर महाविद्यालय, धमतरी (छ.ग.)

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FIRELESS COOKING

निर्णय पत्र

दिनांक 9/4/25

S.N.	NAME OF PARTICIPANTS	CLASS	CLEANLINESS 10	TASTE 10	PRESENTATION 10	OVERALL EFFECT 10	TOTAL 40
1.	Manjari & Group	M.A. IV	5	3	3	4	15
2.	Lalcta & Group	M.A. II	5	3	5	5	18
3.	Ashani & Group	M.A. II	5	4	4	4	17
4.	Aditi & Group	M.A. IV	7	6	5	8	24 - I
5.	Bhupendra & Group	M.A. IV	7	5	5	5	22 - II
6.	Vishwas & Group	M.A. IV	5	5	5	5	20
7.	Airakshi & Group	M.A. II	6	5	5	5	21 - III

Mrs. Neeta Tiwari

बी.सी.एस.शासकीय स्नातकोत्तर महाविद्यालय, धमतरी (छ.ग.)

आयोजक :- अंग्रेजी विभाग

FIRELESS COOKING

निर्णय पत्र

दिनांक...09/4/25

NAME OF PARTICIPANTS	CLASS	I JUDGEMENT	II JUDGEMENT	III JUDGEMENT	TOTAL
Manjari - Group	MA-IV	25	15	23	63
Lalita - Group	II	21	18	22	61
Ashani - Group	II	22	17	20	59
Aditi -	IV	30	24	28	82 - I st
Bhupendra -	IV	28	22	27	77 - II nd
Vishvas -	IV	24	20	20	64
Minakshi -	II	27	21	25	73 - III rd

1 ST WINNER	2 ND WINNER	3 RD WINNER
Ishe & Group (P.A. IV th)	Bhupendra & Group (P.A. IV th)	Minakshi & Group (P.A. II th)

Nisha Tiwari
NAME OF THE 1ST
JUDGE
SIGN

Ambika Saket
NAME OF THE 2ND
JUDGE
SIGN

Dr Sarla Divedli
NAME OF THE 3RD
JUDGE
SIGN



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FIRELESS COOKING



We the professors of English department, Professor Mrs. Neeta Mittal , Professor Pallavi Baradiya ,Guest lecturer Ankita Prasad have organized a departmental activity of FIRELESS COOKING for the students of MA 2nd and MA 4th semester on 9 April 2025.This activity was organized to promote healthy eating habits, creativity in food preparation, and safety in the kitchen. This activity provided a platform for participants to explore and showcase their culinary skills without the use of fire, encouraging safe, simple, and nutritious cooking methods.

- To encourage creativity and innovation in food preparation.
- To promote the idea of healthy eating using raw or minimally processed ingredients.
- To teach basic culinary skills without the use of fire or heat.
- To make students aware of kitchen safety and hygiene practices.

The event saw active participation from students. Participants worked in teams and individual participation was also promoted; they brought pre-washed and pre-cut ingredients to prepare their dishes.

The participants were

- | | | |
|------------------------|------------------------|-----------------------------|
| 1. Manjari and group | 2. Lalita and group | 3. Aashnii and group |
| 4. Aditi and group | 5. Bhupendra and group | 6. Vishwas Nishad and group |
| 7. Meenakshi and group | | |

Rules were-

- No use of gas stove, induction, microwave, or any electrical appliances for heating or cooking.
- Use only edible raw or ready-to-eat ingredients.
- Focus on hygiene, presentation, and nutrition.
- Participants must explain the ingredients and the health benefits of the dish prepared.

Dishes Prepared

A variety of innovative and nutritious dishes were prepared by the participants, including:

- | | | |
|-------------------------------|--------------------------|----------------------|
| 1. Vegetable and fruit Salads | 2. Bhel puri and chaats | 3. Jaljeera lemonade |
| 4. Buttermilk | 5. Cupcakes and pastries | 6. Gupchup |
| 7. Sprouts Salad | | |

Each dish reflected creativity, proper planning, and awareness of health and taste.

- | | |
|-------------------------------|-------------------------------------|
| 1. Judging Criteria | 2. The dishes were judged based on: |
| 3. Creativity and originality | 4. Taste and nutritional value |
| 5. Hygiene and cleanliness | 5. Presentation and plating |

Explanation and confidence of participants

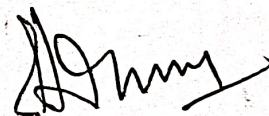
Professors from different departments visited and enjoyed this program, the judges for this program were the respected Principal Dr Vinod Kumar Pathak, Nisha Tiwari , Guest lecturer Ambika Saket and Professor Kishor Chelak

- The activity was a delightful and engaging experience for everyone involved. It helped participants:
- Gain confidence in basic cooking techniques
- Understand the importance of hygiene and healthy ingredients
- Learn teamwork and time management
- Explore new ways to prepare food without heat

Winners of this competition were

- Isha Sahu and group on the first position
- Bhupendra and group with the second prize
- Meenakshi and group with the third prize

The Fireless Cooking Activity was a grand success, appreciated by students, teachers, and guests alike. It was a perfect blend of learning and fun, encouraging students to make healthy food choices and to be independent in simple food preparation. Such activities are essential to promote life skills, creativity, and awareness about nutrition and food safety.



Prof PC Choudhary

HOD

B.C.S. Govt. P.G. College, Dhamtari
(C.G.)





॥ समाज-संस्था बीफ ॥

खाना पकाने में ईशा ग्रुप प्रथम



धमतरी। बीसीएस पीजी कॉलेज धमतरी के अंग्रेजी विभाग द्वारा आग रहित खाना पकाने की प्रतियोगिता कराई। इसमें एमए चतुर्थ सेमेस्टर और द्वितीय सेमेस्टर के छात्र-छात्राओं ने भाग लिया। प्रतिभागियों ने बिना गैस या चूल्हे के भेल, पेस्ट्री, कप केक, फल सलाद, दही लस्सी जैसे व्यंजन तैयार किए। चतुर्थ सेमेस्टर के ईशा साहू और उनके ग्रुप को पहला स्थान मिला। द्वितीय भूपेन्द्र और उनके ग्रुप, तृतीय द्वितीय सेमेस्टर की मीनाक्षी और उनके ग्रुप रही। स्टॉल पर स्वच्छता का विशेष ध्यान रखा गया। प्रतियोगिता के निर्णायक सहायक प्राध्यापक किशोर चेलक, निशा तिवारी, अतिथि व्याख्याता अंबिका साकेत रहे। इस अवसर पर प्राचार्य डॉ. विनोद कुमार पाठक, सहायक प्राध्यापक पल्लवी सेन, नीता मित्तल, अतिथि व्याख्याता अंकिता प्रसाद आदि उपस्थित रहे।